



NUTRITION INFORMATION

Fuzzy's Taco Shop is committed to serving delicious food- just the way you like it. We are proud to offer a variety of delicious favorites. We understand that choice is a priority for Guests who are watching what they eat. Please use the nutrition information in this document to help you make your dining decisions.

While we are committed to providing as accurate nutrition information as possible, there may be differences between the actual nutritional content of your freshly prepared menu item and the nutritional values provided in this document.

The nutrition information stated may reflect content for a menu item in its entirety (e.g. including sides) or by separate menu item component. Please refer to the notes beside the menu item name or header to identify which values are being reflected. The nutrition information provided is derived using an industry standard database, but does not account for the natural variability that occurs within ingredients, variation that occurs due to the hand-crafted nature of each plate, or variation that may occur due to substitutions that Guests request. Please keep this in mind when making dining decisions.

We are happy to make any modifications or substitutions to your meal that you request, although these adjustments will impact the nutrition information detailed in this document.

Some menu items may not be available at all restaurants. Limited time offers, regional items, or test items may not be included. Nutrition information is applicable to U.S. restaurants only. The nutrition information on this document is subject to updates. Please check back regularly.

This information is applicable as of 2/8/2024.

If you have questions about this information, please contact Fuzzy's Taco Shop Guest Relations 1-888-510-8226



Nutrition Information

Get It Started	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Get It Started											
Chips & Queso	960	490	55	15	0	35	1520	99	0	2	22
Chips & Queso with Seasoned Ground Beef	1030	540	60	16	0	55	1760	100	0	2	28
Chips & Queso with Chorizo	1060	570	63	17	0	65	1790	100	0	2	27
Chips & Arbol Chile Salsa	800	350	39	7	0	0	1010	100	0	5	12
Chips & Guacamole	990	530	59	10	0	0	680	105	0	2	13
Chips & Queso w/ Birria Beef	1000	510	56	15	0	50	1470	100	0	3	27
Chips & Queso with Pork Green Chili	1010	520	57	16	0	45	1880	105	0	4	22

This information is applicable as of 2/8/2024.



Nutrition Information

Salads	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Salads											
Shredded Chicken Salad (no dressing)	470	200	22	9	0	125	1310	29	0	6	38
Grilled Chicken Salad (no dressing)	470	200	22	8	0	110	1460	30	0	6	40
Grilled Steak Salad (no dressing)	510	230	25	11	0	95	1230	28	0	6	43
Grilled Shrimp Salad (no dressing)	420	190	21	9	0	185	1420	29	0	6	29
Shredded Brisket Salad (no dressing)	510	280	32	13	0	80	2130	31	0	7	26
Salad Dressing:											
Buttermilk Ranch	200	190	21	3.5	0	15	410	2	0	2	1
House Vinaigrette	510	500	55	10	0.5	10	940	2	0	1	2
Avocado Ranch	310	290	32	5	0	15	610	6	0	3	2
Arbole Chile Salsa	40	15	1.5	0	0	0	420	6	0	4	1



Nutrition Information

Nachos	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Nachos											
Shredded Chicken Nachos	1680	980	109	37	0.5	235	2630	106	0	5	71
Seasoned Ground Beef Nachos	1780	1090	121	42	0.5	210	2930	107	0	5	66
Shredded Brisket Nachos	1720	1070	119	42	0.5	185	3450	108	0	6	58
Grilled Chicken Nachos	1680	980	109	37	0.5	215	2770	106	0	5	73
Grilled Steak Nachos	1720	1010	112	39	1	205	2550	105	0	5	76
Carmitas Nachos	1690	1020	113	40	1	210	2970	107	0	6	64



Nutrition Information

Tacos	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
OG Tacos											
Grilled Shrimp Taco	290	150	17	7	0	110	960	15	0	1	17
Tempura Shrimp Taco	380	210	23	8	0	110	490	21	0	2	21
Seasoned Ground Beef Taco	310	190	21	9	0	55	540	15	0	1	16
Shredded Chicken Taco	280	150	17	7	0	65	450	14	0	1	17
Shredded Brisket Taco	300	180	20	9	0	50	700	15	0	1	13
Beer-Battered Cod Taco	460	260	29	11	0	120	640	22	0	1	28
Grilled Cod Taco	350	170	19	8	0	105	590	14	0	1	30
Grilled Chicken Taco	310	160	18	7	0	70	610	15	0	1	23
Grilled Steak Taco	330	170	19	9	0	65	490	14	0	1	24
Carnitas Taco	290	170	18	8	0	55	550	15	0	1	15
Grilled Veggies Taco	280	150	16	7	0	35	550	21	0	2	11
Primo Baja Tacos											
California Heat Grilled Shrimp Taco	460	260	29	12	0	135	1630	21	0	3	28
California Heat Tempura Shrimp Taco	550	310	35	13	0	140	1170	27	0	3	32
Margaita Tempura Shrimp Taco	400	230	26	6	0	90	950	27	0	3	16
Margarita Grilled Shrimp Taco	310	180	20	5	0	90	1420	21	0	3	12
Quesabirria Tacos	570	330	37	14	0	85	900	32	0	2	28
Birria Bowl	630	290	33	11	0	90	1900	51	0	4	34
Baja Fish Taco, Beer-Battered Cod	240	120	14	3.5	0	50	320	19	0	1	11



Nutrition Information

Burritos	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Burritos											
Shredded Brisket Burrito	990	490	54	18	0	80	3150	92	0	5	35
Shredded Chicken Burrito	950	400	44	14	0	125	2330	89	0	4	48
Seasoned Ground Beef Burrito	1050	510	57	18	0	105	2630	91	0	4	43
Grilled Chicken Burrito	950	400	44	13	0	110	2470	90	0	4	50
Grilled Steak Burrito	990	430	48	16	0.5	95	2250	89	0	4	53
Carnitas Burrito	950	440	48	16	0	100	2670	90	0	5	41
Smother It:											
Queso	200	140	16	7	0	30	1080	8	0	2	10
Pork Green Chili	270	130	14	8	0	50	2050	28	0	6	13
Make It A Bowl:											
Shredded Brisket Bowl	710	420	47	14	0	80	2630	46	0	5	28
Shredded Chicken Bowl	670	330	37	10	0	125	1820	44	0	4	41
Seasoned Ground Beef Bowl	770	450	50	15	0	105	2110	45	0	5	36
Grilled Chicken Bowl	670	340	37	9	0	110	1960	44	0	4	43
Grilled Steak Bowl	710	370	41	12	0.5	95	1730	43	0	4	45
Carnitas Bowl	670	370	41	13	0	100	2160	44	0	5	34



Nutrition Information

Mexican Plates	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Taco Plate (Choose Any 2 + Any 2 Sides):											
OG Tacos											
Grilled Shrimp Taco	290	150	17	7	0	110	960	15	0	1	17
Tempura Shrimp Taco	380	210	23	8	0	110	490	21	0	2	21
Seasoned Ground Beef Taco	310	190	21	9	0	55	540	15	0	1	16
Shredded Chicken Taco	280	150	17	7	0	65	450	14	0	1	17
Shredded Brisket Taco	300	180	20	9	0	50	700	15	0	1	13
Grilled Chicken Taco	310	160	18	7	0	70	610	15	0	1	23
Grilled Steak Taco	330	170	19	9	0	65	490	14	0	1	24
Carnitas Taco	290	170	18	8	0	55	550	15	0	1	15
Grilled Veggies Taco	280	150	16	7	0	35	550	21	0	2	11
Grilled Cod Taco	350	170	19	8	0	105	590	14	0	1	30
Beer-Battered Cod Taco	460	260	29	11	0	120	640	22	0	1	28
Primo Baja Tacos											
California Heat Grilled Shrimp Taco	460	260	29	12	0	135	1630	21	0	3	28
California Heat Tempura Shrimp Taco	550	310	35	13	0	140	1170	27	0	3	32
Baja Fish Taco, Battered Cod	240	120	14	3.5	0	50	320	19	0	1	11
Margarita Grilled Shrimp Taco	310	180	20	5	0	90	1420	21	0	3	12
Margarita Tempura Shrimp Taco	400	230	26	6	0	90	950	27	0	3	16
Enchilada Plate (Choose Any 2 + Any 2 Sides):											
Shredded Chicken Enchilada, 1 Each	220	120	13	4	0	40	410	15	0	1	11
Seasoned Ground Beef, 1 Each	250	140	16	5	0	35	430	15	0	1	10
Carnitas Enchilada, 1 Each	230	130	14	5	0	35	490	15	0	1	9
Grilled Veggies Enchilada, 1 Each	210	110	13	4	0	20	390	17	0	1	6
Cheese Enchilada, 1 Each	300	190	21	10	0	45	500	15	0	1	13
Grilled Shrimp Enchilada, 1 Each	240	120	14	4	0	90	950	16	0	1	13
Combo Plate (Choose 1 Taco & 1 Enchilada + Any 2 Sides):											
OG Tacos											
Grilled Shrimp Taco	290	150	17	7	0	110	960	15	0	1	17
Tempura Shrimp Taco	380	210	23	8	0	110	490	21	0	2	21
Shredded Chicken Taco	280	150	17	7	0	65	450	14	0	1	17
Shredded Brisket Taco	300	180	20	9	0	50	700	15	0	1	13
Grilled Chicken Taco	310	160	18	7	0	70	610	15	0	1	23
Grilled Beef Taco	330	170	19	9	0	65	490	14	0	1	24
Carnitas Taco	290	170	18	8	0	55	550	15	0	1	15
Seasoned Ground Beef Taco	310	190	21	9	0	55	540	15	0	1	16
Grilled Veggies Taco	280	150	16	7	0	35	550	21	0	2	11
Grilled Cod Taco	350	170	19	8	0	105	590	14	0	1	30
Beer-Battered Cod Taco	460	260	29	11	0	120	640	22	0	1	28
Primo Baja Tacos											
California Heat Grilled Shrimp Taco	460	260	29	12	0	135	1630	21	0	3	28
California Heat Tempura Shrimp Taco	550	310	35	13	0	140	1170	27	0	3	32
Baja Fish Taco, Beer-Battered Cod	240	120	14	3.5	0	50	320	19	0	1	11
Margarita Shrimp Taco	310	180	20	5	0	90	1420	21	0	3	12
Margarita Tempura Shrimp Taco	400	230	26	6	0	90	950	27	0	3	16
Sides											
Black Beans	240	70	8	3.5	0	10	780	29	0	0	13
Refried Beans	150	5	0	0	0	0	800	27	0	2	9
Fuzzy's Rice	180	30	3.5	0.5	0	0	770	33	0	3	4
Cilantro-Lime Rice	190	30	3.5	0.5	0	0	680	36	0	1	5
Latin-Fried Potatoes	360	220	25	4.5	0	0	1310	32	0	0	4



Nutrition Information

Quesadillas	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Quesadillas											
Shredded Chicken Quesadilla	940	540	60	23	0.5	175	1670	53	0	4	47
Shredded Brisket Quesadilla	990	630	70	27	0.5	130	2480	55	0	5	34
Grilled Chicken Quesadilla	990	630	70	27	0.5	130	2480	55	0	5	34
Grilled Steak Quesadilla	980	570	63	25	1	145	1580	52	0	4	52
Grilled Shrimp Quesadilla	890	530	59	23	0.5	235	1770	53	0	4	38
Carnitas Quesadilla	950	580	64	26	0.5	155	2010	54	0	5	40



Nutrition Information

Burgers, Wings, & Fries	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Burgers, Wings, & Fries											
Baja Burger	470	220	25	9	0	85	970	29	0	5	29
Breakfast Burger	630	320	35	13	0	275	1700	31	0	5	42
Cheeseburger	400	160	18	7	0	75	850	29	0	5	27
Double Cheeseburger	590	270	30	12	0	140	1130	29	0	5	46
Hamburger	350	120	13	5	0	65	770	29	0	5	24
Nacho Burger	570	280	31	11	0	90	1160	39	0	5	31
Fries, Small	560	230	26	4.5	0	0	1330	73	0	0	9
Fries, Large	1120	460	52	9	0	0	2400	147	0	0	18
Wings with Honey Chipotle	790	620	69	13	1	65	560	24	0	21	19
Wings with Hot Sauce	760	650	73	15	1	75	1030	6	0	3	20



Nutrition Information

Breakfast Faves	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Breakfast Faves											
Migas	1440	770	86	24	0	755	3820	108	0	5	57
Chilaquiles, Chicken	1520	800	89	29	0	780	3920	109	0	5	73
Chilaquiles, Beef	1570	860	95	32	0	780	4000	109	0	6	70
Breakfast Taco Plate (Choice Of Any 2 Breakfast Tacos):											
Potato, Egg, & Cheese Taco	460	260	29	11	0	365	890	27	0	0	22
Bacon, Egg, & Cheese Taco	510	320	36	14	0	395	980	17	0	1	29
Bacon, Potato, Egg, & Cheese Taco	590	350	39	14	0	395	1390	28	0	1	31
Chorizo, Egg, & Cheese Taco	470	300	33	13	0	395	750	17	0	0	26
Chorizo, Potato, Egg, & Cheese Taco	550	330	37	14	0	395	1170	28	0	0	27



Nutrition Information

Breakfast Whenever	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Breakfast Whenever											
Potato, Egg, & Cheese Taco	460	260	29	11	0	365	890	27	0	0	22
Potato, Egg, & Cheese Burrito	1340	770	86	33	0	1100	2600	77	0	1	66
Bacon, Egg, & Cheese Taco	510	320	36	14	0	395	980	17	0	1	29
Bacon, Egg, & Cheese Burrito	1280	790	87	35	0	1130	2150	53	0	2	71
Bacon, Potato, Egg, & Cheese Taco	590	350	39	14	0	395	1390	28	0	1	31
Bacon, Potato, Egg, & Cheese Burrito	1470	860	96	36	0	1130	3110	78	0	2	74
Chorizo, Egg, & Cheese Taco	470	300	33	13	0	395	750	17	0	0	26
Chorizo, Egg, & Cheese Burrito	1250	760	85	34	0	1130	1920	53	0	1	68
Chorizo, Potato, Egg, & Cheese Taco	550	330	37	14	0	395	1170	28	0	0	27
Chorizo, Potato, Egg, & Cheese Burrito	1440	840	93	35	0	1130	2880	78	0	1	71



Nutrition Information

Side Vibes	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Side Vibes											
Black Beans	240	70	8	3.5	0	10	780	29	0	0	13
Refried Beans	150	5	0	0	0	0	800	27	0	2	9
Fuzzy's Rice	180	30	3.5	0.5	0	0	770	33	0	3	4
Cilantro-Lime Rice	190	30	3.5	0.5	0	0	680	36	0	1	5
Latin-Fried Potatoes	360	220	25	4.5	0	0	1310	32	0	0	4
Small Chips & Queso	310	180	20	6	0	20	820	28	0	1	9



Nutrition Information

Kid Stuff	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Kid's Main Meal (Choose 1 + 1 Dip + 1 Snack Choice + 1 Kid's Drink):											
Cheese Nachos	660	380	42	16	0	60	990	51	0	1	22
Cheese Quesadilla	340	160	18	10	0	40	510	30	0	1	15
Kid's Plate (Choose 1 + 1 Dip + 1 Snack Choice + 1 Kid's Drink + 1 Side):											
Ground Beef Crispy Taco	660	320	35	14	0	50	740	65	0	2	20
Chicken Sticks	330	160	18	3	0	50	800	23	0	0	19
With Choice of:											
Queso Dip	70	45	5	2.5	0	10	360	3	0	1	3
Ranch Dip	100	90	10	2	0	5	210	1	0	1	1
Snack Choice:											
Carrot Sticks w/ Buttermilk Ranch Dressing	60	45	5	1	0	5	125	4	0	2	1
Oreo Churro Bites	160	90	10	2	0	0	140	14	0	1	1
Sopapilla Bites	240	90	10	4.5	0	5	135	36	0	28	1
Kid's Drink (See Fountain Drinks)											
Kid's Side											
Refried Beans	240	70	8	3.5	0	10	780	29	0	0	13
Black Beans	150	5	0	0	0	0	800	27	0	2	9
Fuzzy's Rice	180	30	3.5	0.5	0	0	770	33	0	3	4
Cilantro-Lime Rice	190	30	3.5	0.5	0	0	680	36	0	1	5
Latin-Fried Potatoes	360	220	25	4.5	0	0	1310	32	0	0	4



Nutrition Information

Sweet Talk	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Sweet Talk											
Sopapilla Bites	560	210	23	10	1	20	320	83	0	63	4
Oreo Churros	690	380	43	8	0	0	590	70	0	13	6



Nutrition Information

Beverages	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Beverages											
Coffee, 12 fl. oz	0	0	0	0	0	0	5	0	0	0	0
Water Bottle	0	0	0	0	0	0	15	0	0	0	0
Orange Juice, 12 fl oz	170	0	0	0	0	0	25	41	0	39	2
Unsweetened Tea, 32 fl. oz	10	0	0	0	0	0	30	3	0	0	0
Unsweetened Tea, 24 fl. oz	5	0	0	0	0	0	20	2	0	0	0
Sweetened Tea, 32 fl. oz	260	0	0	0	0	0	30	67	0	64	0
Sweetened Tea, 24 fl. oz	190	0	0	0	0	0	20	50	0	48	0



Nutrition Information

Fountain Drinks	Total Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Fountain Drinks											
Coffee, 12 fl. oz	0	0	0	0	0	0	5	0	0	0	0
Water Bottle	0	0	0	0	0	0	15	0	0	0	0
Barq's Root Beer (Kid's)	160	0	0	0	0	0	70	45	0	45	0
Barq's Root Beer (24 fl oz)	320	0	0	0	0	0	140	90	0	90	0
Barq's Root Beer (32 fl oz)	430	0	0	0	0	0	185	120	0	120	0
Cherry Coke (Kid's)	150	0	0	0	0	0	35	42	0	42	0
Cherry Coke (24 fl oz)	300	0	0	0	0	0	70	84	0	84	0
Cherry Coke (32 fl oz)	400	0	0	0	0	0	95	112	0	112	0
Coca Cola (Kid's)	140	0	0	0	0	0	45	39	0	39	0
Coca Cola (24 fl oz)	280	0	0	0	0	0	90	78	0	78	0
Cocal Cola (32 fl oz)	370	0	0	0	0	0	120	104	0	104	0
Coke Zero (Kid's)	0	0	0	0	0	0	40	0	0	0	0
Coke Zero (24 fl oz)	0	0	0	0	0	0	80	0	0	0	0
Coke Zero (32 fl oz)	0	0	0	0	0	0	105	0	0	0	0
Diet Coke (Kid's)	0	0	0	0	0	0	40	0	0	0	0
Diet Coke (24 fl oz)	0	0	0	0	0	0	80	0	0	0	0
Diet Coke (32 fl oz)	0	0	0	0	0	0	105	0	0	0	0
Dr. Pepper (Kid's)	150	0	0	0	0	0	60	40	0	38	0
Dr. Pepper (24 fl oz)	300	0	0	0	0	0	120	79	0	77	0
Dr. Pepper (32 fl oz)	400	0	0	0	0	0	160	106	0	102	0
Diet Dr. Pepper (Kid's)	0	0	0	0	0	0	0	0	0	0	0
Diet Dr. Pepper (24 fl oz)	0	0	0	0	0	0	0	0	0	0	0
Diet Dr. Pepper (32 fl oz)	0	0	0	0	0	0	0	0	0	0	0
Fruit Punch, Hi-C (Kid's)	170	0	0	0	0	0	75	43	0	41	0
Fruit Punch, Hi-C (24 fl oz)	340	0	0	0	0	0	150	86	0	83	0
Fruit Punch, Hi-C (32 fl oz)	450	0	0	0	0	0	200	114	0	110	0
FUZE® Raspberry Ice Tea (Kid's)	100	0	0	0	0	0	50	22	0	22	0
FUZE® Raspberry Ice Tea (24 fl oz)	200	0	0	0	0	0	100	44	0	44	0
FUZE® Raspberry Ice Tea (32 fl oz)	270	0	0	0	0	0	135	59	0	59	0
Gold Peak Unsweetened Iced Tea (Kid's)	0	0	0	0	0	0	0	0	0	0	0
Gold Peak Unsweetened Iced Tea (24 fl oz)	0	0	0	0	0	0	0	0	0	0	0
Gold Peak Unsweetened Iced Tea (32 fl oz)	0	0	0	0	0	0	0	0	0	0	0
Mellow Yellow (Kid's)	170	0	0	0	0	0	50	47	0	46	0
Mellow Yellow (24 fl oz)	340	0	0	0	0	0	100	94	0	92	0
Mellow Yellow (32 fl oz)	450	0	0	0	0	0	135	125	0	123	0
Minute Maid Lemonade (Kid's)	150	0	0	0	0	0	50	42	0	40	0
Minute Maid Lemonade (24 fl oz)	300	0	0	0	0	0	100	84	0	80	0
Minute Maid Lemonade (32 fl oz)	400	0	0	0	0	0	135	112	0	107	0
Minute Maid Light Lemonade (Kid's)	10	0	0	0	0	0	50	2	0	0	0
Minute Maid Light Lemonade (24 fl oz)	10	0	0	0	0	0	100	4	0	0	0
Minute Maid Light Lemonade (32 fl oz)	15	0	0	0	0	0	135	5	0	0	0
Orange Fanta (Kid's)	160	0	0	0	0	0	55	44	0	44	0
Orange Fanta (24 fl oz)	320	0	0	0	0	0	110	88	0	88	0
Orange Fanta (32 fl oz)	430	0	0	0	0	0	145	117	0	117	0
Powerade, Mountain Berry Blast (Kid's)	80	0	0	0	0	0	240	21	0	21	0
Powerade, Mountain Berry Blast (24 fl oz)	160	0	0	0	0	0	480	42	0	42	0
Powerade, Mountain Berry Blast (32 fl oz)	210	0	0	0	0	0	640	56	0	56	0
Sierra Mist (Kid's)	140	0	0	0	0	0	35	37	0	37	0
Sierra Mist (24 fl oz)	280	0	0	0	0	0	70	74	0	74	0
Sierra Mist (32 fl oz)	370	0	0	0	0	0	95	99	0	99	0
Sprite (Kid's)	140	0	0	0	0	0	65	38	0	38	0
Sprite (24 fl oz)	280	0	0	0	0	0	130	76	0	76	0
Sprite (32 fl oz)	370	0	0	0	0	0	175	101	0	101	0